

POET-Teacher Course / Dr Carmit Frisch

Barkai school's Syllabus

In this course you will learn to define what executive functions (EFs) are and you will get to know their relation to early symptoms of attention deficit hyperactivity disorder (ADHD). You will get skilled in identifying seven central neurological-executive delays that form the basis of ten functional problems that you encounter with high frequency in class. Finally, you will practice strategies that improve the functioning and behavior of all children, and especially those who cope with EF delays. The POET-Teacher program is unique in that it does not burden with activities or means that are not available in the class, but rather provides a simple, applicable and systematic way of thinking to improve the children's functioning in educational, playful, social and daily tasks that are included in the kindergarten routines. The functional content of the program was content validated by senior educators and occupational therapists.

Course's goals:

- (1) Develop the participants' ability to differentiate between functional difficulties that derive from emotional-behavioral background, and difficulties that suspect a neurological-developmental disorder of ADHD
- (2) Accurate participant support to children who struggle with their class routines management due to ADHD symptoms

Learning outcomes: Following the course you will be able to:

- (1) Understand the essence of the executive functions' delay and how they affect daily functioning
- (2) Implement tools that will improve your students' functioning and behavior in the class, as well as their self-image.
- (3) Improve your self-efficacy of coping with children who with executive delays

Courses' structure:

Date	h	Contents
September	Offline 1 h	introduction
September 11	12:00-1:00pm 1h	Executive functions (EF) and daily functioning
September 12	12:00-1:00pm 1h	
November 7	08:30-12:30; ZOOM 5h (May change to 12:00)	Attention Deficit Hyperactivity Disorder (ADHD) & Executive delays; theory & a workshop
November 14	08:30-12:30 5h Face to face	Response to Intervention + Coping with “cool” executive delays
December	Offline 4h	Practice 1: EF; Practice 2: ADHD
February 2 / 24	08:30-12:30 5h	Coping with “Hot” executive delays + Partnering with parents
February	Offline 2h	Practice 3: Applying strategies
March	Zoom 2h	Consultations and course summary
	26h	

Course duties:

- (1) 1 .Performing fully asynchronous tasks
- (2) 2 .Reflection on experience in explaining what EFs are
- (3) 3. building a personal plan to a student